

Boy Scout Merit Badge Night at Skate Zone 71

Monday April 20th, 2020

Event Schedule

4:45pm – 5:15 Event Check-in

5:15 – 6:30pm – Classroom Style Instruction

- First Aid Definition & Examples
- Rules & Etiquette
- Parts & Functions of a Roller skate
- Good Skate Care

6:30 – 8:00pm

- Group Break Out Sessions
 - Section B, C, D

8:00 – 9:00pm

- Group Break Out Session D

*Skaters may eat the dinner package in between “Break Out” sessions. We will be dividing the class into 4 Groups to work with our skate instructors.

*Arcade Game will also be available during the session turns

IF YOU ARE UNSURE OF YOUR SCOUT'S ABILITY TO PERFORM ANY OF THE ACTIVITIES REQUIRED FOR THE MERIT BADGE, WE HIGHLY RECOMMEND ATTENDING A SKATE LESSON AT SKATE ZONE 71 OFFERED EVERY SATURDAY MORNING FROM 9:00AM – 10:00AM, COST IS \$9.00 WHICH INCLUDES LESSON & SKATE RENTAL. NO RESERVATION NECESSARY. ASK FOR ANNE AT ARRIVAL

Agenda: Complete Activities to earn Merit Badge

Workbook will be provided by Skate Zone 71

Activities that will need to be performed to earn your Roller-Skating Merit Badge:

All Activities MUST be done wearing Roller Skates (Not Roller Blades)

Skate smoothly for 100 Feet & stopping

Stand on one skate and Glide for 15 Feet

Perform a Crosscut

<https://www.youtube.com/watch?v=-bgawJgXtMM>

Skate Backwards

Perform Slalom Pattern on single skate, both skates, and Backwards

<https://www.youtube.com/watch?v=KKxP74F8YqY>

Shuffle Skate around the rink

Perform a Mohawk

<https://www.youtube.com/watch?v=YuvmBHA3tQg>

Perform a widespread eagle

<https://www.youtube.com/watch?v=HD5yncOlVv8>

Be able to perform a series of two consecutive spins on skates

Limbo on skates

Perform the stepover

<https://www.youtube.com/watch?v=W0X4k3JBYzI>

While skating dribble a ball or push a hockey stick

